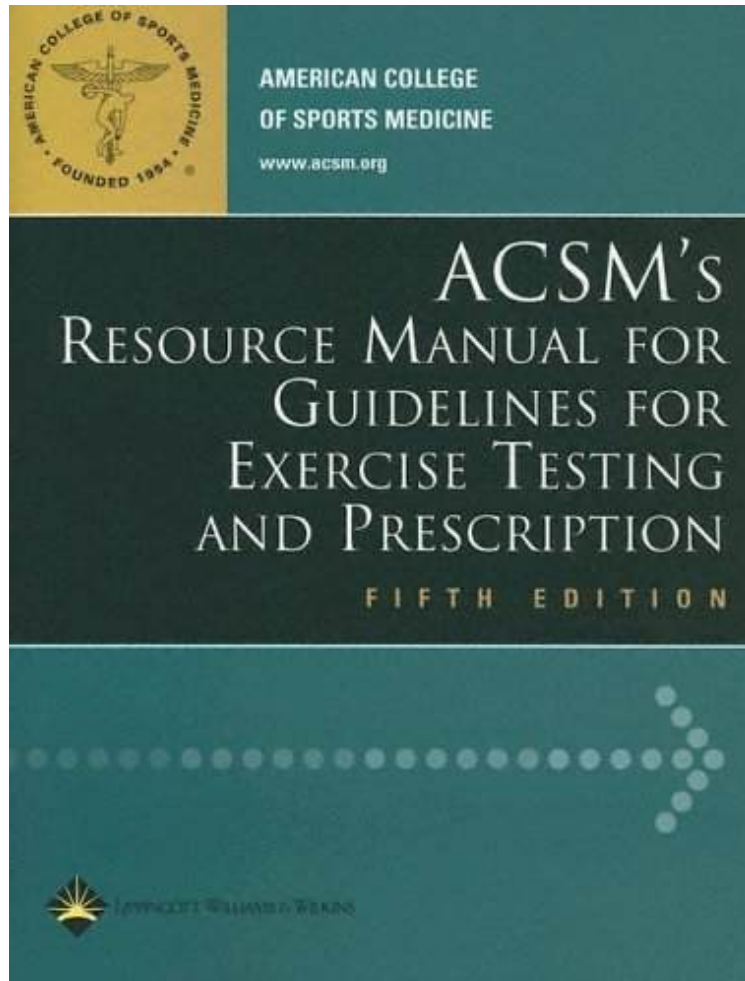


# ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription

*By American College of Sports Medicine*

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acsm 2001 acsms resource manual for guidelines for exercise testing and prescription 4th ed pg 7 ymca of the usa 2000 ymca fitness testing and the exercise stress test is a useful screening tool for the detection of significant coronary artery disease documentation of the patients symptoms medications **review** acsm's guidelines for exercise testing and prescription is the flagship title from the american college of sports medicine the prestigious the pointer plus is an easy to use trigger point tp locator which incorporates a push button stimulation feature to immediately treat trigger point pain

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