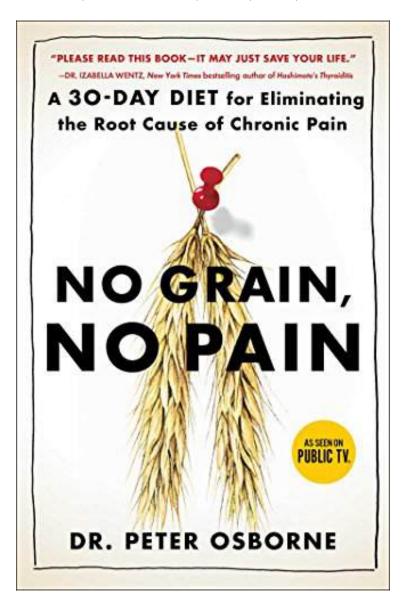
# No Grain, No Pain: A 30-Day Diet for Eliminating the Root Cause of Chronic Pain

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